NU 324: How to Find a Nursing Research Article in the Databases

Step 1: Start in CINAHL
From the Library homepage, click on the link under the Databases tab and find CINAHL under “C” in the databases list.

Welcome to the Regis Library

Select a database to search for articles, eBooks, streaming video.

6 Databases found for C

CINAH L Cumulative Index to Nursing & Allied Health Literature

CINAHL®Complete is the definitive research tool for all areas of nursing & allied health literature. Access to over 1,300 full text jour
Step 2: Search Options and Limiters
After typing in your search terms at the top (Remember to break your research question into separate terms with AND/OR), use the Search Options to do ONE of the following:

Check off the Research Article option

OR

Choose Research under Publication Type (scroll down for this option)

Under the Journal Subset, choose Core Nursing and Nursing (hold down the CTRL key to choose both)

To the left of Journal Subset, you will find a Geographic Subset option. Choose USA.

Please note: this will limit to where the articles were published. You may still see international studies done in your results.
After clicking on search, you can use the limiters on the left-hand side to limit by **Publication Date** (last 5 years) and refine to **Scholarly/Peer-reviewed journals**.

Within your results, sometimes you will see **Original research** in the article title or look at the abstract to confirm that the authors have conducted their own research.

**Tips and Tricks when searching**

- Using terms like **study, randomized control trial, method, experiment, or evidence-based** as one of your keyword search terms can bring similar results.

- Within your results, look for the “language” of research articles. Does it have:
  - An **Introduction**?
  - Method’s section?
  - Results?
  - Discussion?